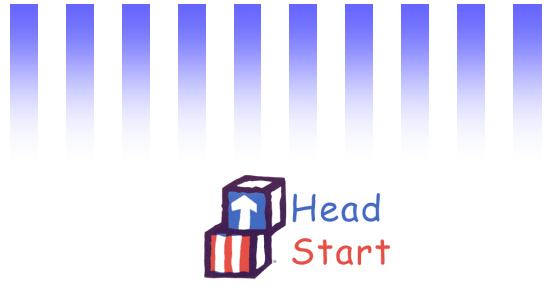


Home-Based Early Head Start Programs with Home Visitors are available in the following CNCS Counties:

- Platte County (402) 564-1124
3286 53rd Avenue Columbus
- Colfax County (402) 352-5084
1014 West 9th Street Schuyler
- Holt County (402) 336-4309
202 S 10th Street O'Neill
- Garfield & Valley Counties (308) 346-4977
237 I Street Burwell
- Greeley, Howard, & Sherman Counties (308) 745-0780
ext. 154 or ext 112
626 N Street Loup City
- Custer County (308) 872-2744
1135 N H Street Broken Bow
- Brown County (402) 387-1035
119 N Main Ainsworth

A FREE PROGRAM FOR
PRENATALS AND FAMILIES
WITH CHILDREN
FROM BIRTH TO AGE 3.



Early Childhood Programs

Central Nebraska Community Services
Early Childhood programs promotes family strengths by recognizing individual values, encouraging teamwork, and creating links in the community.

Administrative Office:
Central Nebraska Community Services, Inc.
PO Box 509
Loup City, NE 68853
Phone: 308-745-0780
Fax: 308-745-0824
E-mail: sobermiller@cennecs.org
Suzan Obermiller
Early Childhood Programs Director

Parents of children with disabilities are encouraged to apply.

Early Head Start is funded by the Administration of Children and Families Department of Health and Human Services

Central Nebraska Community Services, Inc. is "An Equal Opportunity Employer"
USDA is "An Equal Opportunity Provider and Employer"



EARLY
HEAD
START



Parents are their child's first teachers.

Central Nebraska Community Services, Inc.

Early Head Start Home Based Program



**Give your
child the
best
possible
start in
life.**

- Early Head Start will help you better understand your child's stages of development with individualized visits in your home.
- The weekly visits are 1 ½ hours in length and are designed to meet the needs of your family.
- You will be assisted with planning activities that encourage your child's growth.
- Social activities will be held twice monthly to provide the opportunity to interact with your child and other families.
- Early Head Start will support you in educating and nurturing your children and will provide links to community resources.

Benefits to Families & Children Birth to Age 3

- Developmentally appropriate learning activities
- Comprehensive health case management for children
- Infant health checks; lead, hemoglobin, vision, hearing and developmental screening
- Child emotional wellness screening
- Nutrition assessment and education
- Tips, techniques and parenting skills support
- Services for children with disabilities



Benefits to Prenatal Families: Early Head Start provides Prenatal Education and Planning including:

- Nutritional Assessments
- Feeding choices for baby
- Labor & Delivery information
- Newborn Care
- Emotional Wellness Screening
- Periodic visits by an Early Head Start nurse

